

Teaching Your Teen To Drive Checklist

Lesson 1: Before Getting Started: Pre-entry Check (Recommend 4 Hours Practice)	Dates & Total Hours Practiced	Pass	Needs Practice	Comments
Carrying appropriate documentation (Permit, License of Supervising Driver, Insurance, Registration, Emergency Information)				
Review knowledge of all road signs				
How to respond if pulled over by law enforcement				
How to respond if in a crash (Documents, 911, Exchanging Information, etc...)				
Vehicle check: lights, tires, fluid Leaks, etc...				
Locating gauges and their functions				
Review all instrument controls				
Adjusting seat and head restraint				
Adjusting mirrors				
Wearing seat belt				
Review brakes and airbags				
Review all gears (both standard and manual transmission)				
Starting the car				
Hand placement on the wheel				
Moving forward				
Backing				
Placement in lanes				
Steering (test on multiple cars)				
Stopping (test on multiple cars)				
Appropriate stopping distances				
Turning vehicle off & locking the car				
Other:				

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Lesson 2: Parking the Car/ Driving in Familiar and Light Traffic Areas (Recommend 13 Hours Practice)	Dates & Total Hours Practiced	Pass	Needs Practice	Comments
Scanning				
Entering traffic				
Noticing pedestrians/ children/bicycles/animals				
Speeds up to 35 MPH				
Yielding				
Narrow roads				
Appropriate following distance for speed				
Traffic lights				
Stop signs (Including 4-way stops and flashing red lights)				
Stop lines at intersections				
Smooth stopping				
Crosswalks				
Rights of way: pedestrians and bicycles				
Entering traffic from a turn				
Turning without a stop				
Turning with a signal or green arrow				
Turning from a stop				
Backing out of any parking space				
Parking - angled space				
Parking - right and left turns into space				
Parking - side of street/parallel				
Parking – on a hill				
Other:				

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Lesson 3: Increased Traffic and Unfamiliar Roads (Recommend 18 Hours Practice)	Dates & Total Hours Practiced	Pass	Needs Practice	Comments
U-turns				
Turning with multiple turn lanes				
Roundabouts				
Changing lanes				
Curving roads at higher speeds				
Being passed				
Speeds up to 50 MPH				
Appropriate following distance for speed				
One-way streets - entering from both sides				
One-way streets - exiting from both sides				
Parked cars along the road				
Multiple point turns				
Sharing the road: motorcycles				
Sharing the road: light rail or public transportation				
Sharing the road: bike lanes				
Blind intersections				
Other:				
Other:				
Other:				

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Lesson 4: Expressway/Highway/ Interstate Driving (Recommend 15 Hours Practice)	Dates & Total Hours Practiced	Pass	Needs Practice	Comments
Entering the highway				
Speeds up to 75 MPH				
Using mirrors				
Appropriate following distance for speed				
Curves at high speeds				
Hills at high speeds				
Being passed				
Passing				
Left lane law - minimum speeds and passing only				
Allowing others to merge				
Merging into center lanes				
Negotiating large vehicles, vehicles on side of highway				
Move over law				
Exiting the highway				
Other:				
Other:				
Other:				

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Lesson 5: Driving in Complex Environments & Nighttime Driving (Recommend 20 Hours Practice)	Dates & Total Hours Practiced	Pass	Needs Practice	Comments
Defensive driving				
Unexpected items on roads				
Adverse weather (snow, black ice, sand on roads, rain, hydroplaning, wind, etc...)				
Glare at dusk or dawn				
Rush hour				
Construction zones				
10 hours of nighttime driving practice				
Mountain roads				
Gravel/dirt roads				
Tunnels				
Railroad crossings				
Parking garages				
Move to the right for sirens and lights				
School zones				
School bus stop arm				
Other:				
Other:				
Other:				



Adapted by the Colorado Teen Driving Alliance
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